



2026 TECHNICAL RULES

**DISCIPLINE:
ULTIMATE
CHAMPION**



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TYOLOGY



AGE DIVISIONS

There are **no age divisions** in this discipline.

PENALTIES

Dancers who fail to respect the Rules will be subject to the following penalties:

PENALTIES	DESCRIPTION
5 points	<ul style="list-style-type: none"> - Performing without a start number; - Failure to comply with the requirement to perform for the entire duration of the designated music track (penalty applied by the Adjudicators); - Dancer's fall causing an interruption of the performance, lasting less than one musical bar.
10 points	<ul style="list-style-type: none"> - Dancer's fall causing an interruption of the performance, lasting more than one musical bar; - Who invade other dancers' space while performing.
Last place	<ul style="list-style-type: none"> - Use of stage decorations; - Use of props; - Use of accessories that are not a part of costume (in disciplines Hip-Hop, House, Jazz-Funk, Dance Pop); - Use of accessories (in disciplines Disco, Disco-freestyle, Disco Slow, Lyrical Dance, Contemporary&Modern); - Dancers who execute acrobatic elements (in disciplines Disco, Disco Slow, Lyrical Dance, Contemporary&Modern); - Execution of gymnastic lines (multiple gymnastic moves, travelling from corner to corner) (in discipline Contemporary&Modern). - Dancer's fall that causes the performance to stop completely or results in the dancer leaving the stage early. - Failure to appear on stage after being called for the third time

MUSIC REQUIREMENTS

Music of this discipline will correspond to the characteristic music of a relevant dance style.
- Music tempo corresponds to the music tempo limits of relevant dance style.

ROUND	MUSIC DURATION	
	STREET & DISCO DISCIPLINES	SHOW DISCIPLINES
Preliminaries	Up to 1':00"	1':00" - 2':00"
Semi-final		
Final		
	Federation' music	Own music

TECHNIQUES, CHARACTERISTICS AND MOVEMENTS

The main objective of this discipline is to determine the winner in a specific dance style of street disciplines IDF (Hip-Hop, House, Jazz-Funk, Dance Pop). disco disciplines IDF (Disco, Disco-freestyle, Disco Slow, Lyrical Dance) and show disciplines IDF (Contemporary&Modern, etc.) without age or gender divisions.
At the 24 th World Dance Championships in modern dance sport (27-31 May 2026, Alikante, Spain), the title of Ultimate Champion will be awarded in the following disciplines:

- Disco-slow;
- Hip-Hop;
- Jazz-Funk;
- Contemporary&Modern.

PARTICIPANTS COMPETE FOR A CASH PRIZE (ONLY FOR THE WINNER). Prize money will be awarded based on the total number of participants registered in this discipline/category:

- 21 or more participants – EUR 500;
- 10–20 participants – EUR 250;
- Fewer than 10 participants – the category will not be held.

All dancers are required to perform for the entire duration of the designated music track.

In Finals, to present their performances, each dancer is expected to use the whole available space.

RESTRICTIONS



Stage Decorations, Props, Accessories. Use of stage decorations **is prohibited**. Use of props **is prohibited**. Use of accessories must comply with the Rules of the relevant Discipline.



Acrobatic and Gymnastic Elements. Use of acrobatic and gymnastic elements must comply with the Rules of the relevant Discipline.

JUDGING CRITERIA

Overall mark given by the Adjudicators is calculated as the sum of marks for each criterion. The criteria, in order of importance, are as follows:

CATEGORIES	CRITERIA	POINTS	DESCRIPTION
Solo	TECHNIQUE	1-30	Technique is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) and use of the whole personal and general space with its horizontals, verticals and diagonals.
	INTERPRETATION	1-20	Interpretation is expressed by: dancer's ability to follow the rhythm and musical melody and express them through his/her body motion; an ability to apply adequate movements and technical elements in accordance with music as well as dancer's ability to smoothly continue his/her dance after 'stop' and 'pause'.
	CHOREOGRAPHY	1-10	Choreography is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music.

Costumes of participants in accordance with IDF Dress Code Regulations. During Competition teachers, group leaders and team/club leaders are strictly prohibited to ask any explanations from the Adjudicators. All explanations, information or complaints may be discussed with the Competition Director, in accordance with the appropriate Competition Execution regulations.

EXECUTION OF COMPETITION

ULTIMATE CHAMPION SOLO (Male – Female)

Ultimate Champion Solo is an individual performance presented by a male or female dancer.

Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively.

There can be no more than three (3) dancers performing on a dancefloor in preliminaries and no more than two (2) in semi-finals.

Finals are held with only one (1) dancer performing on a dancefloor at a time. In Finals, when all finalists have finished their individual performances, a «general minute» («general heat») will be held.

Competition Director, whenever necessary, may apply modifications to the execution of the competition.

For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.